

# CAJON VALLEY UNION SCHOOL DISTRICT

## COMPETITIVE SPORT ALTERNATIVE PHYSICAL EDUCATION

### STUDENT APPLICATION

#### GRADES 7 & 8

#### **Program Information**

A request for alternative physical education allows students advanced study in activities not normally received through the on-site physical education program. Governing Board Policy 6142.7 adheres to the California Education Code and stipulates the regulations for participation in the Competitive Sport Alternative Physical Education (CSAPE) program.

The Competitive Sport Alternative Physical Education (CSAPE) program is designed to provide competitively engaged student athletes an alternative to on-site physical education and expand course enrollment for individuals meeting program criteria.

Qualifying students may participate in up to six trimesters of Alternative Physical Education during their seventh and eighth grade years.

Students enrolled in CSAPE must select an additional academic elective or an off campus, but school-based internship, if available. Students may not be released from school as an alternative to participation in the physical education class.

#### **Criteria for Participation**

Students must compete in a competitive sport that has at minimum a state certification process for coaches and program oversight. National certification is preferred. Recreational sports are not eligible. Documentation of state certification must be submitted.

Each student shall participate onsite in the State Fitnessgram Test in seventh grade.

The participant must complete a monthly Attendance and Performance Log, which includes a minimum of minutes/hours equivalent to the onsite physical education program.

The instructor/coach must be employed as a coach in the specific sport and possess a First Aid/CPR Certification. (Attached Instructor/Coach Form must be submitted along with first aid/CPR certification.)

The Independent Study Master Agreement must be completed and followed.

The form Verifying Signatures must be signed by the student, parent, and site assigned supervisor.

Cajon Valley Union School District Board Policy and Regulations, BP 6142.7 and AR 6142.7 are attached.

SUBMIT THE APPLICATION AND REQUIRED DOCUMENTS TO SITE PRINCIPAL

**CAJON VALLEY UNION SCHOOL DISTRICT**

**COMPETITIVE SPORT ALTERNATIVE PHYSICAL EDUCATION**

**GRADES 7 & 8**

Please complete this form for your student desiring to substitute off-campus athletic instruction/coaching in for daily physical education instruction at school.

(Note: definition includes: Stepparent(s)/Guardian(s)/Caregiver(s))

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_  
School: \_\_\_\_\_ Year: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_  
#1 \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

My child is requesting Independent Study for the following trimester(s) (circle as appropriate):

Trimester 1                      Trimester 2                      Trimester 3

Amount of time each week participating in the  
Competitive Sports Alternative Education: \_\_\_\_\_

Place of instruction/coaching: \_\_\_\_\_

Personal goals for participation in this sport: \_\_\_\_\_

State certification (Attach documentation)

**APPLICATION DUE TO SITE ADMINISTRATION**



For office use only

Application Approved

Application Not Approved

\_\_\_\_\_  
Date

\_\_\_\_\_  
Site Administration Signature





**CAJON VALLEY UNION SCHOOL DISTRICT**  
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**INSTRUCTOR/COACH FORM**

**(to be completed by the outside activity instructor/coach)**

*Trained specialist under whom activity is performed:*

Name: \_\_\_\_\_ Title:

Organization with which activity is affiliated:





**CAJON VALLEY UNION SCHOOL DISTRICT**

**COMPETITIVE SPORT ALTERNATIVE PHYSICAL EDUCATION**

**MASTER AGREEMENT**

(Note: definition includes: Stepparent(s)/Guardian(s)/Caregiver(s))

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_

School: \_\_\_\_\_

Year: \_\_\_\_\_

Home Address: